

The Messenger

Holy Innocents Church Gt. Barton Messenger Newsletter June 2023

Our on-line magazine can be found on our website: http://themessengergtbarton.suffolk.cloud

Church Officers

Churchwardens	Tím Frost	01284 787442
	Angela Pearce	01359 230395
Verger	Línda Scoles	01359 230392
PCC Secretary	Jane Dalton	01284 788613
Treasurer	Kathy Drakes	01284 787746

June 2023 Parish Letter from Fr Ben

On Coronation Sunday, at St Peter's church, Thurston, we held our Teddy Bear Zipline event. A zipline was installed from a window of the bell tower to the churchyard, with thanks to the Thurston Scouting Association for their ingenuity, with varying harnesses for various sizes of soft toys.

We had all sorts of toys whizzing down the zipline – bears, dragons, bunnies, dinosaurs, Minions, Chewbacca, Toad and Toadette from Mariokart, snakes, emus and the massive sheep from the St Peter's Church children's corner!

Many children and adults alike brought their beloved soft toys along, and there were refreshments being served by lovely volunteers. Perhaps an unusual way to celebrate the Coronation, but it was genuinely enormous fun! Money raised by the event will go towards our planned reinvigoration of the children's corner and a new space for older children/young adults, as part of our plans to upgrade our church. See details below of how YOU can help YOUR church achieve these things for the whole community.

A few children felt very apprehensive watching their beloved soft toys hoisted towards the bell tower. The look of uneasiness at separation between child and toy, the toy moving away from them to a place they could not reach – the checking with the adult with them, expressions that sought reassurance, "It'll be alright, won't it? They're coming back, aren't they?". The excitement of the toys whizzing back down to them, and the joy of taking the toy back into their arms, their little friend safe with them again.

Right from our very beginnings, our nature is one that cultivates caring, concern for the well-being of others, the desire to hold fast to the things that we love, our companions who comfort us. There is, between infant and their comfort toy, a confidence that if we are with a beloved companion, we can face anything – but if they're gone, then we're the ones who are stuffed!

As we grow, of course, we recognise that all we project onto our soft toys as little ones is present within ourselves, and that who we often really want to share care, love and companionship with is other people, our family and friends and perhaps a lover we want to spend our lives with. Perhaps experiences prevent us from feeling that way or make those relationships difficult.

But we often never forget those toys we had — where our natural instincts were to look after and be looked after, cared for — we desired presence, someone to be with us always. And we still do, deep in our souls.

Whatever word you might use for God; the Creator, the Universe, the Initial Cause, the Blueprint, the 'Something' – know that God is with you in all things, in suffering and joy. It may seem sometimes that God is far from us – recent times have not helped this! But when we look for Her, we too can come whizzing back to God, into arms outstretched, to be held, cared for, and loved.

If you would like to donate to the St Peter's church fund raising, please go to our website at:

https://www.greatbartonandthurston.org.uk/news-2/st-peters-donation-page/



Christian Aid Lunch and "Do It Yourself Entertainment"

Sunday, 11 June, 12:00, the Church Institute, Gt. Barton Salad Buffet - Donation to Christian Aid

If you would like, bring a musical item, poem, etc. to share Please ring Linda Scoles to book lunch. (01359) 230392



We meet once a month on the second Tuesday of each month at 2.30pm. Our thanks go to Daloni Peel, our speaker in May, who entertained us with her tales of the houses she has lived in over the years.

Our 13th June meeting will again be held in The Rock. We have the Rev. Sharon Connell speaking about her role as Chaplain to St Nicholas Hospice.

Please come and join us.

FORWARD NOTICE

Jill is collecting names and pre-order lunches from the seniors lunchtime menu as we shall be dining at The Victoria in Thurston on Tuesday 11th July. Jill will require cash before the meal. The lunches are £7.99 for 2 courses. She will collect further names at our June meeting.

We shall have a break in August before meeting again in September for our Communion Service at St Peters Church.

Contact Jill Rood on 01359 231647 for lifts or further information.



Prayer Chain

We all need others to pray for us sometimes. If you would like our prayer team to pray for you this week, please send your prayer request to (Kathy Drakes: email: kathy@drakesfamily.org). Requests are only shared confidentially between the vicar and the prayer team.

Great Barton and Thurston Benefice Services <u>June 2023</u>

Sunday 4th June:

Trinity Sunday

Holy Communion (BCP) at St Peter's at 8.30am

Sung Eucharist at Holy Innocents at 10.30am

Wednesday 7th June:

Holy Communion (CW) at St Peter's at 10.30am

Sunday 11th June:

Sung Eucharist at St Peter's at 10.30am

Choral Evensong at Holy Innocents at 6.30pm

Wednesday 14th June:

Holy Communion (CW) at Holy Innocents at 10.30am

Sunday 18th June:

Holy Communion (BCP) at Holy Innocents at 8.30am

Together Family Church Thurston Primary Academy at 10.00am

Holy Communion at Holy Innocents at 10.30am

Choral Evensong at St Peter's at 6.30pm

Wednesday 21st June:

Holy Communion (BCP) St Peter's at 10.30am

Sunday 25th June:

Holy Communion (CW) at St Peter's (Patronal Festival) at 10.30am

Wednesday 28th June:

Holy Communion (CW) at Montana at 11.15am

Sunday 2nd July:

Holy Communion (BCP) at St Peter's at 8.30am

Sung Eucharist at Holy Innocents at 10.30am

(CW Common Worship, BCP Book of Common Prayer)

200 Club Draw for April 2023

The draw was made at Meeting Point in the Church Institute on May 17th

£100 R Bream (239)

£25 M Gould (113)

Tim Frost Administrator





Sunday 18th June 2023
Starting at 10.00am
For breakfast and the fun begins at 10.30am.
TOGETHER FAMILY CHURCH
ALL ONE IN CHRIST
Songs, Activities, Prayer and Mayhem!
ALL ONE IN CHRIST in
Thurston Primary Academy







VISIT TO RHS GARDENS WISLEY

Join our Coach excursion on Thursday June 15th 2023 to RHS Wisley and enjoy the beautiful gardens and all they have to offer, the garden centre and other retail opportunities as well as a variety of eateries.

We will travel by Mulleys coach with WC facilities and will depart at 7.30am from Gt Barton Village Hall where parking is available, returning from Wisley at 4.30pm.

The cost of COACH ONLY will be £32.50, and you will then purchase your own entry tickets on arrival. [RHS members free]

To book and pay for your place on the coach please contact either.

Mary Edwards. Email: mary.windrush@yahoo.com

Or

Sarah Robinson. Email: spandj@icloud.com

From a Gardeners Notebook, June 2023

Fairs, Fetes, and Open Gardens.

We are now in the season of fetes and open gardens. There will be plenty to choose from in our own area. I once heard a lady prime minister say"There is no such thing as community in England anymore"-. She certainly has never been to our benefice!

The word fair comes from two latin words – feriane and festum – meaning a gathering, accompanied by entertainment and merry-making. (hopefully a sunny or rain free day helps too).

Support local events if you can; a great deal of work goes into such things by organisers, and stall holders may have planned and designed their pitch over a period of time. All these things keep our village life vibrant.

Open gardens are well worth a visit; most are open on Sunday afternoons. Up to twenty or more venues may be involved, but personally I like to visit up to six and look properly at them in turn. Colour – the most visual part of any design, will be evident in each. Plants are often for sale, as well as homemade cakes and the cup that cheers.

Further afield in our own area are many wonderful places to visit for the day – all very different. I mention just one or two.

Hyde Hall (R.H.S.) at Rettenden, near Chelmsford. Take the A12 to the other side of Chelmsford and then the A130 at junction 17 will take you to the garden. In recent times many thousands of trees have been planted. Wild meadows are also developing nicely. Improvements to the shop and plant centre are planned too. An ideal place to go if you have friends or family staying for a little holiday.

Audley End (English Heritage), near Saffron Walden. You will find it offers a wonderful garden, also a vegetable garden, and soon, also a scenic ride to your destination through beautiful Suffolk and Essex villages.

I am sure that your own garden is beautiful at present too: nature manages to catch up – it is a clever trick. Delphiniums and Paeonies will be in their glory, especially if you have staked and supported them in early spring.

Sit in your garden and enjoy the perfume as well as the visual experience – don't forget that drink – mine is a Campari!

Happy gardening, Mary



One of my favourite things.....

is having a good rant. Now and again I just have to spout off about something that irritates, annoys, bothers, or just plain gets on my nerves. Usually the rant is in private, or around a <u>very</u> good friend who, (I hope), won't be offended. This rant clears the subject from my mind, at least for a time.

But there is something that is bothering me, and it is getting worse.

I definitely have difficulty with electronic things that have buttons. Almost everything now seems to be electronic. I'm not sure that this is the right word, but I mean gadgets or tools — any and all of those things that I did not grow up with and wish I did not have to have now.

I have always had a mild problem with mixing up letters and especially numbers. I get them upside down, backward, or exchanged completely. Normally this would mean that I occasionally ring the wrong number, and have to apologise to someone I did not want to talk to anyway, or that my chequebook wouldn't balance because I had entered two numbers reversed. Annoying, but not catastrophic.

Years ago, I inherited Jim's cast-off first computer. I did not want a computer. He insisted that I "would find it a great help, and it was so EASY to use." I disagreed. The discussion got a bit heated. I gave in. Big mistake. There were all these buttons, and every one had more than one function, none of which I could remember. So I was constantly flipping back and forth in the Instruction Book, or hollering for help from Jim when I didn't know what to look up so that I could do what I wanted to do.

A few week ago I bought a new printer. I have to print out most of my emails to be sure that I do not send them into NeverNever Land before I have a note of the information. I also do a lot of copying. I cannot scan. The printer can scan - I cannot. There is no Instruction Book. I

am supposed to "look it up". What? Every time I want to scan I have to Google the company that made the printer to find out how to do what I do want to do? Does this sound familiar?

I have a SmartPhone. Wonderful thing. It can tell the time and weather any place in the world, compute the biggest numbers, answer any question ever asked, plot a journey, turn on the oven from miles away, even make a phone call. Not mine. Sometimes I can't even answer it. Most times I can't hang up after successfully (How did I do that?) making a call. I can only find Favourites when I DO NOT WANT THEM. I only want a mobile phone to carry in the car. I have a special button to ring the AA. It says AA right on the button. But I cannot turn the darn thing off when I forget and take it into Church. "*&%£\$?? Opps, sorry. Here, can you turn this off for me?"

I cannot transfer money, even in the bank, because there are too many buttons and choices. I used to walk up to the counter where someone would greet me by name, and take care of my needs. No buttons, no choices, no nerves.

The fact that I am often treated as if this all happens (or not) because of my age REALLY grates. Worst of all is the feeling of incompetence I am left with. I didn't used to be incompetent. I just had a minor problem, relatively easy to deal with.

I understand that within 10 years we will all be using AI. I DO NOT WANT TO USE AI. I have enough trouble with My I, thanks.

Whew -- I feel a lot better now.

With love, Linda



Coronation Fish and Chip Supper

The evening was a great success. The Village Hall was beautifully decorated for the Coronation Weekend. 76 people enjoyed the Fish, Chicken, Sausages and Chips prepared and delivered piping hot by Peyton Plaice. Quizzes and puzzles set by Annie Wallace and Tim Frost, and colouring pictures provided by Hui-Imm Clarke were great fun. Conversation was the main entertainment, and no one was in a hurry to get away.

Special thanks go to the Parish Council for providing the funds for the coffee, tea, soft drinks, and the Ice Cream Sundaes; Annie Wallace, whose idea sparked the event; Peter Turner, whose expertise and advice ensured that the evening ran smoothly; and to those who planned and manned the event: Peter and Sarah Robinson, Betty Holdgate, Hui-Imm and David Clarke, Kathy Drakes, Peter and Brenda Turner, Jill Davey, Cindy, Annie Wallace, Alastair and Claire Blades.

And, of course, thanks to all of you who came and enjoyed the Coronation Fish and Chip Supper with us. Linda Scoles



Byrdsong

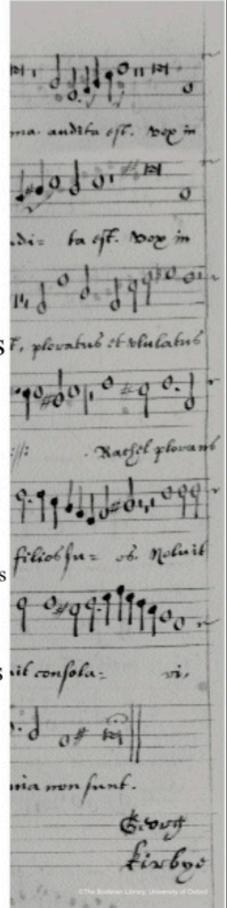
Kirbye Voices and friends F, plevalub of refulations

Featuring music by William Byrd, together with other works celebrating our feathered friends

To include music by Stanford, Ravel and Vaughan Williams

Thursday 29 June, 7.30pm Church of the Holy Innocents if confola-Church Road Great Barton **IP31 2QS**

> All welcome Retiring collection



St Peter's Church News

ST PETER'S CHURCH, THURSTON IS PLEASED TO HOST

'The Voice Squad Sings'

Come and join us for an evening of fun for all the family. From show tunes to popular hits, you are assured of an excellent evening's entertainment.

As part of its Coronation Year Fundraising to support the next generation, St Peter's welcomes The Voice Squad, the National Award winning Youth Choir based in Bury St Edmunds and Diss.

Saturday 1st July at 7.30 (Doors open 7.10; finish by 9.15)

Interval Drinks

Tickets are £6 and £4 (under 18s)

Available from: ticketsource.co.uk/stpetersthurston QR code below
Or purchase at the Thurston Post Office or Co-op (cash or cheques only) or on the door.

Your contribution will help 'Nicky's Way,' the bereavement service for children and young people offered by St Nicholas Hospice as it celebrates its 40th anniversary.







Coffee Morning

In aid of St Peter's Church, Thurston



Tuesday 13th June 10-12noon at the home of Margery Ashford 22,Birch Road, Thurston. IP31 35A Contact 07443 414 622

A great opportunity to chat with friends and meet new people, so please drop by.



Raffle on the day - prizes most welcome.

All Welcome

WANTED CLEANING VOLUNTEERS

St Peters Church has a rota for cleaning the whole church.

We need a few more willing volunteers for a rota beginning on 1st July. There are several of us so you would be paired up with someone on a 5th/6th weekly basis.

All cleaning materials and hoover already provided.

There is some flexibility, but most prefer to clean on either a Friday afternoon or a Saturday morning.

Please contact Jill Rood on 01359 231647



The Coronation Year: St Peter's Church supporting the next generation

We are very grateful to **the scouts and their helpers**, **past and present**, from the 1st Thurston Scout Group for launching our Coronation Year of Fundraising. They organised and ran our 'teddy bear's zip wire' and refreshments as part of 'The Big Help Out' during the Coronation weekend. We also thank those who gave so generously at the end of our Coronation Service. As a result, £ 275 was raised.

St Peter's Day is 29th June and our fundraising programme for our church and for St Nicholas Hospice, in its 40th anniversary year, moves now to events for the period surrounding it, known as Petertide. Continuing with our theme of supporting the next generation, we are delighted to be working with local young people on four events:

Thursday 29th June: two short concerts, one from local High School students and one from our primary school choir.

Saturday 1st July: Evening Concert by the local, highly acclaimed Youth Choir: 'The Voice Squad'

Thursday 29th June- Sunday 9th July: Display of photographs and information celebrating St Peter's Church down the ages, created by students from Thurston Community College.

On 1st July we also have our annual Gift Day. As part of this special year, we have written to those who were married, or whose children were baptised, in our

St Peter's Day Concerts: Thursday 29th June

We warmly invite everyone to join us for two short concerts from young local musicians

12.45-1.30: Students from **local High Schools** entertain with a mixed recital.



2.15- 3.00: Pupils from **our village primary school choir** perform in a short concert conducted by *Timothy Parsons, Director of Music at St Edmundsbury Cathedral.* **This is part of the Cathedral's Singing in Schools Project.**



There will be a retiring collection at the end of each event. Why not bring a packed lunch, support both sets of young people and look at our display in between the two?



Calling all history and photography lovers!

If you are interested in the history of our beautiful village church and/or enjoy looking at photographs, there will be a special exhibition in St Peter's, Thurston between 29th June and 9th July. 10.00-4.00 (Sun from 1.00)

Do come and enjoy the display mounted by students from Thurston Community College and explore our lovely church. There is a children's quiz too.

Suggested donation: £2.

We are especially grateful to Richard Fawcett and Ray Dale for their help in providing so many photographs for the students to use.

Thurston Library News

Thurston Library Summer Sunflower Growing Competition

The Thurston Library sunflower competition is up and growing!

We have free packets of sunflower seeds in Thurston Library to give to anyone who would like to enter our Summer Sunflower Growing Competition.

There will be prizes for the tallest sunflower and the widest

sunflower head.

Take a picture of your sunflower and bring it into Thurston Library by 1pm on Saturday 2^{nd} September.

Free sunflower seeds donated by Thompson and Morgan through Elmswell Library, and a free competition!

Pop into Thurston Library ... first come first served!

Friends of Thurston Library

Thurston Library on Norton Road is open for all children and adults in Thurston and the surrounding area

Come and join the Library: we'd love to see you and it's free for all the family

Opening Times

 Monday
 Closed

 Tuesday
 2pm – 6pm

 Wednesday
 10am – 1pm

 Thursday
 2pm – 6pm

 Friday
 10am – 1pm

 Saturday
 10am – 3pm

 Sunday
 10am – 3pm

Like to be involved with the planning activities and events with Friends of Thurston Library? Pick up a leaflet in the Library or contact Richard Fawcett: Thurstonlibfriends@gmail.com

Home Library Service

If you or someone you know is having difficulty getting to the Library to select books, then Carol, our friendly Home Library Service Volunteer will do that for you. She will visit once a month with your books and return any you have finished on your behalf. Get in touch with Ellie on 01359 235048 to find out more or to sign up for this fabulous service!

Esther Freud, the author 7pm - 8pm Friday 9 June

Esther will be discussing her book *Mr Mac and Me*. Tickets £5 from the Library,or visit the Thurston Library webpage.

Find out more about this and/or join our online book group by visiting facebook.com/groups/discovereads

Did you know?

Your library card gives you access to thousands of eAudio and eBooks, Newspapers and eMagazines (Pressreader) indie films, documentaries and courses (Kanopy) and you can download and stream music (Freegal). All for free! Visit

https://www.suffolklibraries.co.uk/elibrary to find out more.

In the Library during the week

Saturday

Knitting and Crochet Workshop

Every Saturday 10.30am - noon. Free. Ever wanted to learn how to knit? Join us for this weekly session for beginners. Or you may have a project on the go and need some assistance – just come along.

Ancestry Club Who do you think you are?

10am – noon 1st & 3rd Saturdays Everyone welcome! No expertise needed: friendly help is at hand on from 10am – noon. Email Jayne at thurstonancestry@gmail.com

for more information. Tea & coffee of course! And a good natter!

You will be made very welcome.

Sunday Lego Club

The Lego Club meets every Sunday from 10.30am - 2.30pm.

Monday Simply Sing

7pm - 8pm 1st Monday of the month If you like to sing, then come along and join us for Simply Sing. You will be made most welcome.

For more information contact Angie Murray on 07870 383526.

Thurston Mini Movers

Mini movers is back from Monday 5 June to Monday 17 July.
Join Sarah from 10am - 11.30am for more movement, music and fun, ideal for toddlers and their grown-ups!
For more information & to book, please contact zoe.ablitt@danceeast.co.uk or phone 01473 295230.

Thurston Mini Movers is supported by Mid Suffolk District Council.

Tuesday Chat'n'Chill Tuesdays

3.15pm – 5pm

Waiting for a parent to collect you after school? Need somewhere to hang out to chat to your friends?

Come and use our side room! Please

sign in when you arrive.

The Last Tuesday Baking Club

Tuesday 27 June 1pm-2.30pm Savoury Filo Parcels Get in touch with Ellie in the Library.

Wednesday Wordplay: Baby Bounce for 0 - 4year-olds



Wednesdays 10.15am - 10.45am Bring along your babies and preschoolers for songs and nursery rhymes in the Junior Library.

Thursday Twenty Minute Tales 3.45pm - 4.05pm.

After school story time.

Friday Friday Sewcial

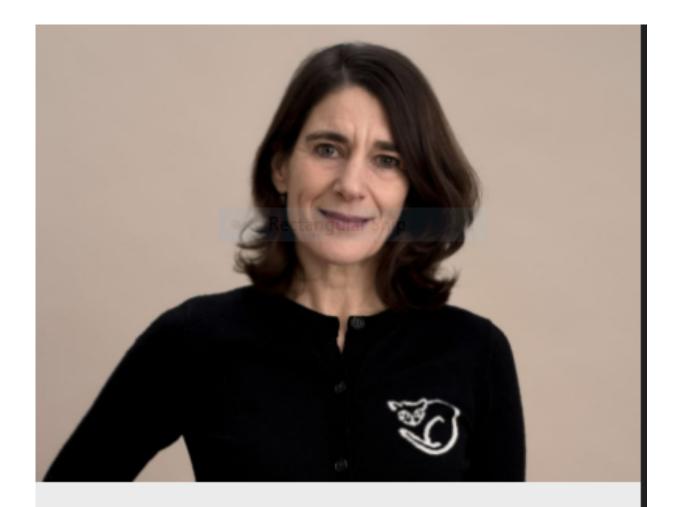


10am every Friday. Just turn up. Bring an ongoing project to work on whilst having a chat.

More Information: Please visit the Suffolk Libraries Thurston Library page www.suffolklibraries.co.uk/visit/locations-and-times/thurston-Library

Follow us on Facebook, Instagram (thurstoncommunityLibrary) and thurstonLibraryfriends.suffolk.cloud for all the latest information on our groups and activities.

Thurston Library: Norton Road, Thurston, IP31 3PB 01359 235048 Library Manager: Ellie Longman Friends Group information: contact Richard Fawcett 07889 427476



DiscoveReads event with author Esther Freud

Fri 9 Jun 2023 , 19:00 - 20:00 • Thurston Library • £5 per person

Join author Esther Freud for a special event as part of our DiscoveReads project.

Tickets for this event are available at Thurston Library or online here:

https://www.suffolklibraries.co.uk/whats-on/discovereads-event-with-author-esther-freud

A recipe from The Thurston Library Last Tuesday in the Month Baking Club

Traditional Shortbread

8oz plain flower 6oz butter 3oz caster sugar

Method

With cold hands, rub the butter into the other ingredients to make breadcrumbs - then form a dough.

Chill in fridge for 30 minutes. Place between 2 sheets of baking parchment and roll to $\frac{1}{4}$ inch thickness.

Shape how you choose and prick with fork to decorate.

Scatter with a little extra sugar.

Bake at 160°C (fan) for 25 minutes. Leave to cool.



Thurston Library: Norton Road, Thurston, IP31 3PB 01359 235048 Library Manager: Ellie Longman

Friends Group information: contact Richard Fawcett 07889 427476

Follow us on Facebook, Instagram (thurstoncommunityLibrary) and thurstonlibraryfriends.suffolk.cloud for all the latest information on our groups and activities.

Thurston Library Summer Sunflower Growing Competition

The Thurston Library sunflower competition is up and growing!



We have free packets of sunflower seeds in Thurston Library to give to anyone who would like to enter our Summer Sunflower Growing Competition.

There will be prizes for the tallest sunflower and the widest sunflower head.

Take a picture of your sunflower and bring it into Thurston Library by 1pm on Saturday 2nd September.

Free sunflower seeds donated by Thompson and Morgan through Elmswell Library, and a free competition!

Pop into Thurston Library ... first come first served!

Two Volunteering Opportunities at Thurston Library

Volunteers needed for the Summer Reading Challenge!



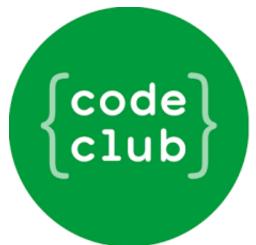
The school holidays will soon be upon us so that means the Summer Reading Challenge will be back!

Children are encouraged to keep reading over the school holidays by completing 6 books and receiving a special pack for collecting stickers and other rewards over the 6-week period. Children also receive a medal and certificate at a special ceremony in September!

We need volunteers to chat to the children about the books they have read.

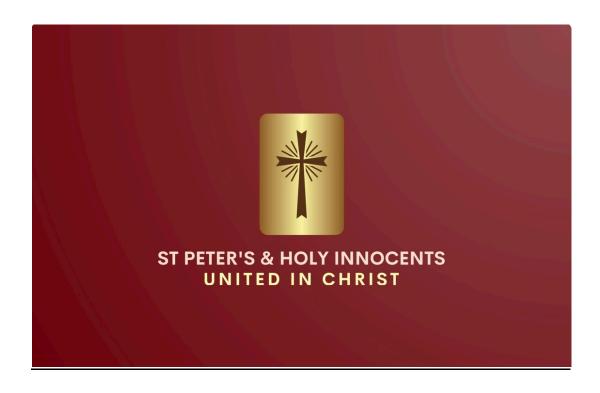
Please call Ellie on 01350 235048 or drop in to see her at the Library during opening hours if you are interested and would like more details.

Volunteers needed for a Thurston Code Club!



We are looking to run a monthly or fortnightly group for young people to learn coding.

Please call Ellie on 01350 235048 or drop in to see her at the Library during opening hours if you are interested and would like more details.



Get Involved with The Messenger

Would you like to contribute to Your Messenger? We would love to hear from you, share your favourite recipe, a funny story, your favourite holiday memory. If you would like to share something you feel will be of interest to your neighbours or anyone living in Gt Barton, please contact:

Tim Frost: 01284 787442 or email: timfr0st@yahoo.co.uk
Peter Robinson: 07814 946841 or email: beneficepr@gmail.com

The following Business Adverts are in the on-line version Supporting The Messenger.

David Martin: Vehicle Engineers. 01359 230538

admin@davidmartinmotorengineer.co.uk

Ecosweep. 01359 232335 ecosweep@live.com

FixaLeak. 01842 763165 peter@fixaleak.co.uk

Guildhall Studio. 07880 797124 jmartinzz@gmail.com www.guidhallstudio.com

John Ranson. 01284 788248 07770932799 jwransonbuilding@gmail.com

Metcalfe, Copeman, Pettefar LLP. 01842 756100 Dawn.coller@mcp-law.co.uk

Rothwells Carpet Cleaning. 01638 428060 info@rothwells.biz

Strands Hair Salon. 01359 230300 sjanef23@gmail.com

TBS Hire 01284 788122 info@tbs-hire.co.uk

The Clean Plumber. 01284 765453 justask@thecleanplumber.co.uk

The Sausage Shop. 01359 235237 kate.hitchcock@hotmail.co.uk

Home Care – Paula Drewry 079800 17043 pauladrewry@hotmail.com

ELITE FENCING & LANDSCAPING 01359 221128 trevor@elite-fencing.co.uk