



# *The Messenger*

*Holy Innocents Church Gt. Barton*

*Messenger Newsletter*

*February 2023*

Our on-line magazine can be found on our  
website: <http://themessengergtbarton.suffolk.cloud>

## *Church Officers*

<i>Churchwardens</i>	<i>Tim Frost</i>	<i>01284 787442</i>
	<i>Angela Pearce</i>	<i>01359 230395</i>
<i>Verger</i>	<i>Linda Scoles</i>	<i>01359 230392</i>
<i>PCC Secretary</i>	<i>Jane Dalton</i>	<i>01284 788613</i>
<i>Treasurer</i>	<i>Kathy Drakes</i>	<i>01284 787746</i>

## February 2023 Parish Letter

**Do you have a faith but don't 'do' church? Are you 'spiritual but not religious'?**

**For those of us already attending, the Church can be our lifeblood. It is a place where we make sense of our faith together, hearing the words of the vast collection of stories, letters, accounts, poems, prophecies and songs that make up the collection of books known as the Bible, people's experiences with the divine, with God.**

**It is a place where we make sense of our lives together, where we quietly think about our sorrows, our joys. It is a place where we lift our voices to God in our prayers, both silently and out loud, asking for God to guide us, or guide others – to make things better than they are.**

**It is a place where we can be cross with God, to cry out 'Why aren't you doing anything? How can you let this happen?', 'DO SOMETHING!!'**

**It is a place where we can thank God, to sing 'thank you for my family, thank you for my friends, thank you for creation', with hearts so full they could burst in beautiful radiance.**

**It is a place where we can hear that story of a man called Jesus, who is the Christ, one of the mysterious three persons of God, who came to teach us, die for us and be resurrected for us – and as part of that story we eat bread which is his body and drink wine which is his blood in a mystical and sacred way (which outside of the context of the story of Christianity sounds bonkers, but is a mystery that makes perfect sense when you experience it).**

**Church gives those who attend a framework on which to form their faith. A framework over which to develop understanding, to question, to challenge, to test. And a place to talk, to learn AND to teach others.**

**HOWEVER! It is also a place (or time or space or group of people being together) that can be almost impenetrable for those who have not had 'church' in their lives! What does it all mean? The funny language, the sitting down and standing up, the robes and the chalices and the candles and the incense... It can be daunting and weird and what is even going on in all this?**

**FEAR NOT!** For if you have ever wondered whether you ought to dip in to church but have been afraid or perplexed or thought it was ‘just for old folk’, St Peter’s and Holy Innocents churches have got your back. Beginning in March, we shall be starting our ‘Church Explained’ meet ups, a chance to come along and learn about what happens in a church service, why it happens and what it’s all about – no worries about ‘getting it wrong’, the opportunity to ask questions (there’s no such thing as a ‘stupid’ question!) in a no commitment, relaxed atmosphere. I do hope that you’ll ‘give it a go’ and see if your church might help to serve your faith.

*The Rev'd Fr Benjamin Edwards*  
*Vicar of Great Barton & Thurston*



### **MOTHERS UNION**

**We meet once a month on the second Tuesday from 2.30pm**

**Our January meeting was a mixture of business and pleasure with Dr Karen Smith telling us a little about herself and her plans of becoming ordained in July of this year after several years of study and attachments to various churches.**

**We wish her all the very best for the summer ahead.**

**Our next meeting is in Gt Barton Institute on 14<sup>th</sup> February when we have Clare and Amanda from the MU Suffolk Diocese visiting us; Clare with her stall of items to purchase from the MU selection and Amanda to give us a talk about one of her visits abroad.**

**We shall also be arranging the World Day of Prayer Service which this year is in Montana Chapel in Gt Barton on Friday 3<sup>rd</sup> March at 2.30pm**

**Contact Jill Rood on 01359 231647**

***"The denial of love being celebrated within our church...based on sexuality must be dismantled." Fr Ben comments on the draft texts from Bishops after Living in Love and Faith deliberations.***

**It hasn't been the easiest week for many people in the C of E, especially if you are LGBT+.**

**Many of us, Bishops, Clergy and Laity had hoped for far more movement in the church given the results of the Living in Love and Faith consultation on relationships, sexuality and marriage in the Christian faith as understood by the Church of England.**

**Having met to discuss the future, the House of Bishops set forth what is now being understood as 'initial steps' in affirming same sex relationships. What was produced was an array of prayer resources in order that those in same sex relationships could have them blessed in a variety of different ways, following on from a civil partnership or civil marriage ceremony.**

**What isn't yet clear, and does not seem to be the case, is whether the actual civil marriage itself is permitted to be blessed by the priest in the prayers set forth – the omission of the words 'civil marriage' in the prayers would suggest not! We are hoping that this will be addressed as the proposals hit Synod in February, and suitable amendments made. Two other 'headlines' of the Bishops' deliberations were that 'Issues in Human Sexuality', the 1991 document from the House of Bishops, is set to be scrapped, and new pastoral guidelines will be set out later in the year. This will enable clergy in same sex civil marriages to re-enter (or in some cases enter for the first time) ministry, where they had been forced to quit ministry because of their marriage to their partners. Now, same sex relationships will not be required to refrain from civil marriage, nor will they be expected to be celibate.**

**The Bishops also put out a statement of apology to LGBT+ people. "We have not loved you as God loves you, and that is profoundly wrong," the bishops said in an open letter. "We affirm, publicly and unequivocally, that LGBTQI+ people are welcome and valued: we are all children of God. The occasions on which you have received a hostile and**

**homophobic response in our churches are shameful and for this we repent."**

**For many, this apology rings hollow – same sex marriage in the Church continues to be denied, causing further pain for same sex couples in the church. The words of repentance are considered empty by many.**

**The truth of where the C of E is at this point is this:- General Synod in its current composition would see the passing of same sex marriage almost impossible. Two thirds of each of the House of Bishops, House of Clergy and House of Laity would need to vote for such changes in order for them to proceed to Parliament and become law. Such a vote would be unlikely to pass because this threshold would not be reached, given the amount of Synod members who would oppose it at this time from one of those houses.**

**So it looks as if the House of Bishops has proposed some preliminary changes designed to ready the Church for change further down the line. For this priest, who believes that love is for all, that marriage is a loving, long term, monogamous commitment made between two people and blessed by God, whatever sex or gender they might be, these proposed changes do not go as far as they must.**

**For this priest, the campaign for Equal Marriage in the Church of England must and will continue. For if we are to demonstrate that God is loving of all humanity, the denial of love being celebrated within our church and within our rites based on sexuality must be dismantled.**

**For this priest, we cannot let another generation go by viewing the Church of England as ‘backward’ and ‘irrelevant’ because we do not heed our own message that God Is Love. We must BE Christ in our communities, modelling that radical inclusion of all.**

**St Peter’s and Holy Innocents Benefice will offer whatever it can to our LGBT+ brothers and sisters and inbetwixters to bring God’s blessing to your lives and relationships. We know that we may not always get it right, but our desire to welcome and include ALL people, regardless of sexuality, gender, ability, race or neurodiversity is faithful. All are welcome, all are welcome, all are welcome – and we continue to hope that the Church of England will allow us to extend this in every way possible in the months and years ahead.**

**Rev’d Fr Benjamin Edwards**



*Together Family Church  
Sunday 26th February 2023*

*Starting at 10.00am*

*For breakfast and the fun begins at 10.30am.*

*TOGETHER FAMILY CHURCH  
ALL ONE IN CHRIST*

*Songs, Activities, Prayer and Mayhem!*

*ALL ONE IN CHRIST in Gt Barton  
Primary Academy.*

**Great Barton and Thurston Benefice Services**  
**February 2023**

**Wednesday 1<sup>st</sup> February:**

**Holy Communion at Montana at 10.30am**

**Sunday 5<sup>th</sup> February**

**Holy Communion (BCP) at St Peter's at 8.30am**

**Sung Eucharist at Holy Innocents at 10.30am**

**Wednesday 8<sup>th</sup> February:**

**Holy Communion (CW) at St Peter's at 10.30am**

**Sunday 12<sup>th</sup> February:**

**Sung Eucharist at St Peter's at 10.30am**

**Evensong at Holy Innocents at 3.30pm**

**Wednesday 15<sup>th</sup> February:**

**Holy Communion (CW) Holy Innocents at 10.30am**

**Sunday 19<sup>th</sup> February:**

**Holy Communion (BCP) at Holy Innocents at 8.30am**

**Together Family Church at Thurston Primary Academy at 10.00am**

**Holy Communion (CW) at Holy Innocents at 10.30am**

**Wednesday 22<sup>nd</sup> February:**

**Holy Communion Ash Wednesday service at St Peter's at 7.30pm**

**Sunday 26<sup>th</sup> February:**

**Together Family Church at Gt Barton Primary Academy at 10.00am**

**Holy Communion at St Peter's at 10.30am**

**Evensong at St Peter's at 3.30pm**

*(CW Common Worship, BCP Book of Common Prayer)*

**Churchwardens**

**Holy Innocents Gt Barton**

**Tim Frost 01284 787442 or 07840 249448**

**Angela Pearce 01359 230395**

**St Peter's Thurston**

**Pat Sadler 01359 230865 or 07552 234443**

**Irene Churchus 01359 230652**

### **One of My Favourite Things....**

**is saying, "Thank You." Saying, "Thank You" for a gift, or a kind act, or for something well done is a real joy for me.**

**I nearly always get a smile back, and that is a very warming thing to receive, particularly when the winter weather is perishing cold. That smile makes me smile, too, and I often think of the smile all day long -- more warmth.**

**Today I want to thank the organizations and individuals who decorated our church with very imaginative angels for the Christmas season. Holy Innocents had a special feeling of peace and blessing with all of the angels watching over our visitors and ourselves as we sat for a few minutes or strolled around the isles looking at the beautiful creations.**

**Trees were decorated by Together Cafe' Church, Meeting Point, John Clarke and Eileen Rogers, the Mother's Union, Great Barton Cubs, Great Barton Beaver Scouts, Great Barton Primary Academy, the Bowls Club, the Lowe Family, Great Barton Parish Council, the Allotment Association, the Church Bellringers, the Women's Institute, and the Church Choir.**

**Kathy Drakes crocheted colourful angels for the Pew Ends. Annie Wallace lent some angels for the top of the small stable made by Reg Harris. Richard Jarman gave the figurines for the small crib. Kathy Drakes designed five Prayer Stations which were arranged between the trees. Reg and Beth Harris put up the welcoming tree with the bright star on the front path, which encouraged us to come into the church to remind ourselves of "The Reason for the Season."**

**Tim Frost and his team of Peter Robinson, Revd Ben and Mel Smith raised and decorated the donated Big Tree in the Sanctuary. They also turned the altar around, ready for the Holy Family, Shepherds, the Three Kings, and a donkey, a lamb, and a tiny dog.**



**And, of course, Tim Frost, Angela Pearce and Peter Robinson, our Churchwardens and Assistant Churchwarden, cleaned the church so that it shone and smelled delightfully of pine and polish.**

**The Women's Refuge was delighted with all the gifts we provided for those who have nothing when they come for refuge. I was asked to pass on their sincere thanks and their wishes for a Happy Christmas and 2023 for all of us.**

**Thank you, one and all.**

**With love, Linda**

**200 Club Draw for December 2022**

**The draw was made at The Luncheon Club in the Village Hall on January 13th**

**£100 Kathy Drakes (194)**

**£25 Chris Bartrop (172)**

**Tim Frost  
Administrator**

**\*\*STOP PRESS ANNOUNCEMENT\*\***

**There is a possibility that we will arrange a**

**BANGERS & BINGO NIGHT**

**SATURDAY, 18 MARCH, 6:00 FOR 6:30.**

**Adults: £10 -- Children under 12: Free**

**Ring Molly Lumley (01284) 787621 before 15 Feb. to register your interest.**

**We will announce in the Messenger, and the Pew Sheet whether we have the numbers to make the evening viable. \*\*Caller needed, possibly with an**

**Apple Mac to run the Bingo Calling Programme.\*\***

## **From a Gardeners Notebook, February 2023**

**If February is both cold and damp it will be very hard on our wildlife. Creatures with fur and feathers use fat resources to keep warm, and in winter used fat is difficult to replace. Wet hair and feathers do not retain body heat. Try to keep your bird diner well stocked; the customers will be most appreciative and watching from the kitchen window will bring endless entertainment and valuable surprises.**

**I am always glad to welcome February because I know that very soon the sun will shine with renewed strength, and it will be spring. Growth has already begun for another season. Look out for the following wildflowers: snowdrops, dog's mercury, common alder, aspen and coltsfoot. If one or two of these items are not known to you look them up and broaden your knowledge of the countryside.**

**By the third week of this month, we will be, once again, sowing seed under glass for our summer and autumn flower borders. Personally, I shall have a large number of trays with cosmos and tobacco plants in; these are so popular with everyone. May I encourage you to try one or two plants that you may not have tried before. Cleome - Spider Flower and Cobaea - Cup and Saucer Plant. The first is a delicate, even ethereal flower; white, pink and red. It makes you think that it cannot be only an annual. Cobaea flowers remind you of a cup and saucer, as the name implies. It is a climber and provides quick cover of a fence for example. The flowers could be white or purple. If as a serious gardener you find it difficult to find exactly the seeds you want I can thoroughly recommend "Notcutts" of Ardleigh. Take a ride out, and a pub lunch to go with it.**

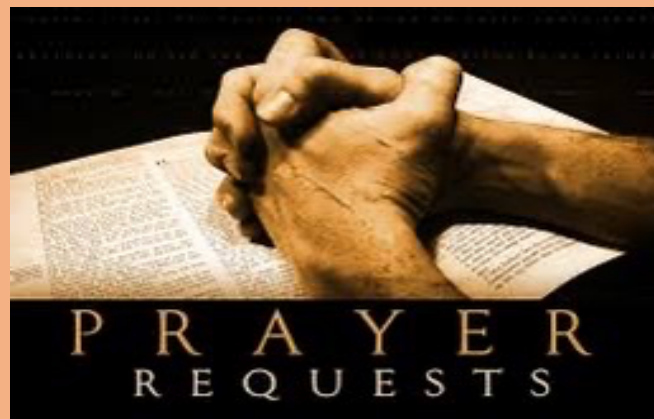
**Hygiene is of the utmost importance with your propagation, as I have written before. Sterilise the seed trays and pots. "Tampers" are also useful. This is the implement you use to firm the potting compost. Rectangular for trays and round for pots. They can cost £10 - £12, each but are easy to make.**

**Features of propagating from seed:** There will be more chance of genetic variation in the offspring and there is less chance of disease being passed on. This method is required for annual and biennial plants. It is a cheaper method of propagation and requires less facilities and equipment. Also, less skill is needed. Good luck, I look forward to hearing of your successes (and maybe failures).

**Time to prune roses again, as I have covered in previous articles. The game is on for another season. Remember I am always happy to answer your questions**

**As ever, happy gardening.**

**Mary**



### **Prayer Chain**

**We all need others to pray for us sometimes. If you would like our prayer team to pray for you this week, please send your prayer request to (Kathy Drakes: email: [kathy@drakesfamily.org](mailto:kathy@drakesfamily.org)). Requests are only shared confidentially between the vicar and the prayer team.**

## **Meeting Point**

**The start of the New Year will be an opportunity for a visit to the Meeting Point Community Café at The Institute, Gt Barton.**

**We now hold Meeting Point every Wednesday from 11.00am to 2.00pm. We welcome everyone to join us for a tea/coffee, or you can also enjoy lunch, which is prepared and served to you by our lovely volunteers.**



## **Storehouse.**

**Please remember to support this cause, particularly at a time when rising prices have badly affected the most needy among us. Goods and donations for Thurston can be left at No 31, School Rd, Thurston, Jill Rood [theroods@waitrose.com](mailto:theroods@waitrose.com)), donations for Great Barton can be left at Holy Innocents church or with Tim Frost at 2, Diomed Drive, Great Barton.**

### **Ingredients**

**Preparation: 10mins.**

**Cook: 40 mins.**

**40g unsalted butter**

**1 onion, roughly chopped**

**1 medium cauliflower, broken into florets and chopped (reserve the stem and leaves if you like)**

**1 medium Maris Piper or King Edward potato, cut into chunks**

**1 litre vegetable stock**

**500ml whole milk**

**150ml double cream or crème fraîche**

**small handful of thyme leaves or snipped chives, to serve**

**drizzle of extra virgin olive oil, to serve (optional)**

### **STEP 1**

**Melt the butter in a large saucepan over a medium heat until sizzling, then cook the onions for a few minutes. Stir in the cauliflower and potatoes (if you like, finely chop the cauliflower stem and add this too) to coat in the buttery onions, then cover and cook over a low heat for about 10 mins, stirring once or twice until the veg is softened but not coloured.**

### **STEP 2**

**Pour in the stock and bring to the boil, then add the milk and gently return to the boil. Add the cauliflower leaves, if using, season to taste, then simmer uncovered for 12-15 mins until the vegetables are very soft.**

### **STEP 3**

**Stir in the cream and return to the boil. Remove from the heat and blitz using a hand blender until smooth. For an extra-silky finish, you can push the purée through a sieve, but this is not essential. *The soup can now be cooled, covered and chilled for up to three days, or portioned and frozen for up to three months. Reheat until piping hot.* Serve ladled into bowls and scattered with thyme leaves or chives and freshly ground black pepper, and drizzled with olive oil, if you like.**



# Friends of Thurston Library

Thurston Library on Norton Road is open for all children and adults in Thurston and the surrounding area

Come and join the library: we'd love to see you and it's free for all the family

## Opening Times

Monday	Closed
Tuesday	2pm – 6pm
Wednesday	10am – 1pm
Thursday	2pm – 6pm
Friday	10am – 1pm
Saturday	10am – 3pm
Sunday	10am – 3pm

Like to be involved with the planning activities and events with Friends of Thurston Library? Pick up a leaflet in the Library or contact Richard Fawcett: [Thurstonlibfriends@gmail.com](mailto:Thurstonlibfriends@gmail.com)

## Events for your diary

### Beerier Up!



**7pm Friday, 24 February**  
Tickets, £10, on sale now from the Library.  
An evening of beer ... and the Greene family  
See page 00.

### Posh or Not 2 Hurray! It's back!

**7pm Friday, 21 April**  
See page 00.

### Visit to the ruins of Rougham Hall Saturday 20 May 2023

– not to be missed! A date for your diary.

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## HERE THIS NEW YEAR ...

### Twenty Minute Tales in term time

**Every Thursday 3.45pm - 4.05pm - Free**  
Come down to the Library for this fun after-school activity for children! Enjoy a special storytime in our Library corner with colourful picture books to delight your little one and engage their imagination. Suitable for 4-8 year-olds but all ages are welcome to come and listen.  
This event is free to attend but donations are welcome.

### Knitting Club for Beginners

**Every Saturday 11:00am - noon. Free**  
Ever wanted to learn how to knit? Join us for this weekly session for beginners. We'll be starting off with the basics, aiming to knit beanie hats, cosy accessories or even work on group project knitting blanket squares.  
Suitable for children and adults alike. Spaces are limited to materials, so please contact the Library if you are interested. Donations of wool, knitting needles and other materials gratefully accepted.  
This event is part of Suffolk Libraries Be Kind in Kind initiative to support people this winter.

## Thurston's Warm Space is the

**Library: see page 00.** You'll be very welcome in the Library; it's a warm spot in the cold winter months.

There's free wifi; bring your own device or use one of our computers or iPads.

## Home Library Service

If you or someone you know is having difficulty getting to the Library to select books then Carol, our friendly Home Library Service Volunteer will do that for you. She will visit once a month with your books and return any you have finished on your behalf.

Get in touch with Ellie on 01359 235048 to find out more or to sign up for this fabulous service!

## Coming next Month Suffolk Libraries Day Saturday 11 March.

## In the Library during the week

### Sundays: Sunday Lego Club

The Lego Club meets every Sunday from 10.30am - 2.30pm.

### Monday

#### Thurston Mini Movers

**Early Years movement classes, ideal for toddlers and their grown-ups!**  
Thurston Mini Movers is the perfect way to nurture your little ones natural love of movement in a structured yet relaxed environment. Themes, music, props, and games are used to develop balance, coordination and imagination. This class is all about children and their grown-ups having fun and sharing the enjoyment of exploring movement together.

This weekly class runs every Monday from 10am - 11.30am.

The session includes half an hour at the end for refreshments and socialising.

For more information and to book, please contact [zoe.ablitt@danceeast.co.uk](mailto:zoe.ablitt@danceeast.co.uk) or phone 01473 295230.

Thurston Mini Movers is supported by Mid Suffolk District Council.

### Simply Sing

If you like to sing, then come along and join us for Simply Sing. First Monday of the month at Thurston Library from 7pm - 8pm. You will be made most welcome.

For more information contact Angie Murray on 07870 383526.

## Tuesday: The Last Tuesday Baking Club

1pm-2.30pm Tuesday 31 January (Upside down cake) and Tuesday 28 February (Savoury Scones).  
Get in touch with Ellie at the Library.

## Chat'n'Chill Tuesdays

3.15pm – 5pm  
Waiting for a parent to collect you after school? Need somewhere to hang out to chat to your friends?  
Come and use our side room! Please visit the desk when you arrive to sign in.

## Wednesday

### Wordplay: Baby Bounce for 0-4year-olds



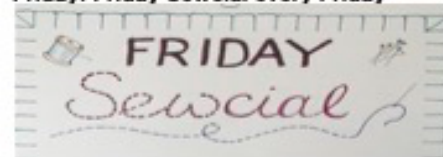
Wednesdays 10.15am - 10.45am  
Bring along your babies and pre-schoolers for songs and nursery rhymes in the Junior Library.

## Thursday

### Twenty Minute Tales

3.45pm - 4.05pm.

## Friday: Friday Sewcial every Friday



10am Just turn up. Bring an ongoing project to work on whilst having a chat.

## Saturday:

### Ancestry Club

#### Who do you think you are?

Everyone welcome! No expertise needed: friendly help is at hand on 1<sup>st</sup> & 3<sup>rd</sup> Saturdays in the Library from 10am – noon. Email Jayne at [thurstonancestry@gmail.com](mailto:thurstonancestry@gmail.com) for more information.  
Tea & coffee of course!  
And a good natter! You will be made very welcome.

### Knitting Club for Beginners

11:00am - noon. Free

## More Information

Please visit the Suffolk Libraries Thurston Library page  
[www.suffolklibraries.co.uk/visit/locations-and-times/thurston-Library](http://www.suffolklibraries.co.uk/visit/locations-and-times/thurston-Library)

Follow us on Facebook, Instagram ([thurstoncommunityLibrary](https://www.facebook.com/thurstoncommunityLibrary)) and [thurstonLibraryFriends.suffolk.cloud](https://www.thurstonLibraryFriends.suffolk.cloud) for all the latest information on our groups and activities.

**Thurston Library: Norton Road, Thurston, IP31 3PB 01359 235048 Library Manager: Ellie Longman**

**Friends Group information: contact Richard Fawcett 07889 427476**

**7pm Thursday 23 March in Thurston Library**

**Friends of Thurston Library AGM**

Our brief Annual General Meeting followed by a musical performance from *Sprinkle, Twinkle and Her* singing duets from the Musicals - and appropriate refreshments.

A free, enjoyable evening for all Friends of Thurston Library.

**7pm Friday 21 April in Thurston Library**

**Posh or Not? 2**

**Yes, back to the sound of great applause!**

The wonderful wine tasting with the wonderful Wynn Rees.

Tickets on sale in March



**Saturday 20 May 2023**

**A visit to the ruins of Rougham Hall**  
– not to be missed! A date for your diary



**7pm Friday 24 February**

**Beering Up!**

*An evening of talk and beer in Thurston Library*

**Tickets £10 on sale now from Thurston Library**

A taste of scrummy ... some Speckled Hen Beer sampling after hearing all about the Greene family (of Greene King fame) and their influence on Thurston, Suffolk and even nationally.

Steve Ruthen, who has been with Greene King since the mid 1980s and a full-time brewery guide since 2015 (he's also a Bury St Edmunds Green Badge Guide) will be leading us on a relaxed fun tour of all things Greene.





### Get Involved with The Messenger

Would you like to contribute to Your Messenger? We would love to hear from you, share your favourite recipe, a funny story, your favourite holiday memory. If you would like to share something you feel will be of interest to your neighbours or anyone living in Gt Barton, please contact:

Tim Frost: 01284 787442 or email: [timfr0st@yahoo.co.uk](mailto:timfr0st@yahoo.co.uk)

Peter Robinson: 07814 946841 or email: [beneficepr@gmail.com](mailto:beneficepr@gmail.com)

The following Business Adverts are in the on-line version Supporting The Messenger.

David Martin: Vehicle Engineers. 01359 230538

[admin@davidmartinmotorengineer.co.uk](mailto:admin@davidmartinmotorengineer.co.uk)

Ecosweep. 01359 232335 [ecosweep@live.com](mailto:ecosweep@live.com)

FixaLeak. 01842 763165 [peter@fixaleak.co.uk](mailto:peter@fixaleak.co.uk)

Guildhall Studio. 07880 797124 [jmartinzz@gmail.com](mailto:jmartinzz@gmail.com) [www.guidhallstudio.com](http://www.guidhallstudio.com)

John Ranson. 01284 788248 07770932799 [jwranonbuilding@gmail.com](mailto:jwranonbuilding@gmail.com)

Metcalfe, Copeman, Pettefar LLP. 01842 756100 [Dawn.collier@mcp-law.co.uk](mailto:Dawn.collier@mcp-law.co.uk)

Rothwells Carpet Cleaning. 01638 428060 [info@rothwells.biz](mailto:info@rothwells.biz)

Strands Hair Salon. 01359 230300 [sjanef23@gmail.com](mailto:sjanef23@gmail.com)

TBS Hire 01284 788122 [info@tbs-hire.co.uk](mailto:info@tbs-hire.co.uk)

The Clean Plumber. 01284 765453 [justask@thecleanplumber.co.uk](mailto:justask@thecleanplumber.co.uk)

The Sausage Shop. 01359 235237 [kate.hitchcock@hotmail.co.uk](mailto:kate.hitchcock@hotmail.co.uk)

Home Care – Paula Drewry 079800 17043 [pauladrewry@hotmail.com](mailto:pauladrewry@hotmail.com)

ELITE FENCING & LANDSCAPING 01359 221128 [trevor@elite-fencing.co.uk](mailto:trevor@elite-fencing.co.uk)